

# Stress

I've been *pulling my* \_\_\_\_\_ *out* trying to get this document to print correctly.

I tend to \_\_\_\_\_ *up* my emotions, but if things don't improve soon, I will probably explode.

I'm already overworked and now I'm *under* \_\_\_\_\_ to have this finished by the end of the year, and I don't think I will be able to manage it.

Normally, I would love to help you, but I simply have too many things *on my* \_\_\_\_\_ at the moment.

It *drives me up the* \_\_\_\_\_ when people don't return my calls.

It's important in this job to be able to *keep your* \_\_\_\_\_ when there is a high pressure situation.

There's no point running around like a *headless* \_\_\_\_\_, take a deep breath and think calmly about what action to take next.

<i>pressure wall chicken hair bottle head plate</i>
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**Do you have any similar idioms in your own language?**