Hard work

It's not healthy Martina. You've been burning the	at both ends
trying to please your new boss, and it's making you ill.	
I'm afraid some of this team haven't been <i>pulling their</i>	If that
doesn't change soon, then we will have to let some people go.	
We will only meet this deadline if we roll up our a	and knuckle
down to some hard work.	
I'm afraid I won't be able to come to the cinema tonight, I'm co	mpletely
<i>under</i> at work.	
I really need a holiday. I've been working like a pr	eparing
everything for the merger.	
It's so typical of my boss. I do all the work, and sh	e takes all the
credit for my effort.	
I think I'm quite a hands-off manager. Occasionally I have to cra	ick the
, but generally, I trust my team and let them get o	n with it.
sleeves dog whip candle weight donkey sr	nowed

Do you have any similar idioms in your own language?