

Sleep

<p>How many hours sleep do you need? How many do you normally get?</p>	<p>Do you or your partner snore?</p>
<p>How long does it take you to fall asleep?</p>	<p>What do you do if you can't sleep?</p>
<p>Can you usually remember your dreams?</p>	<p>Are you a heavy or a light sleeper?</p>
<p>Do you spring out of bed in the morning or do you need more time to wake up?</p>	<p>What's the first thing you do when you wake up?</p>
<p>What position do you like to sleep in?</p>	<p>Do you read or watch TV in bed?</p>